



# A NEWSLETTER FROM THE THE OFFICE FOR COMMUNITY WELLNESS

## Wellness Matters



### Monthly Memo

Monthly memos are designed to remind community of upcoming monthly programs and events and to give those who'd like to receive our newsletters, a chance to sign up.

**Be in the know, Be the Change and Let's all Thrive Together!**

Remember, all the programming and events coming out of the OCW are FREE and meant to bring the community together to meet each other, have fun together, and realize the true gift of an engaged and dedicated community.

Most importantly, we'd like you to know that we, at the OCW, are here to help!

Our goal is to inspire, educate and connect the people of New Paltz, as well as aspire to assist individuals in meeting their unique needs.

We are always looking for volunteers and individuals who have a desire to give back and we hope to see all of YOU at some point at one or more of the many important programs and truly fun events we coordinate along with our many partners.

We couldn't do it without them, and we, as a community, cannot exist without YOU.

**So, scroll down and click away for invaluable information and opportunities.  
And, stay tuned... There is more to come!**



**JOIN THE MARGARET WADE LEWIS CENTER FOR A  
COMMUNITY JUNETEENTH EVENT**



**NO TE PIERDAS  
EL DÍA DE LA COMUNIDAD EL 7 DE JUNIO**



**BE AWARE AND BE THE CHANGE**



**like us and follow us on facebook and instagram**



**[CLICK HERE TO SIGN UP & RECEIVE OUR NEWSLETTER!](#)**

# FREE, FUN EVENTS

## JUNE EVENTS...

June 1st kicks off...



Meet Ember, a tough, quick-witted, and fiery young woman, whose friendship with a fun sappy, -with-the-flow guy named Wade challenges her beliefs about the world they live in.



Join the OCW and our community partners for the first movie of our summer series, featuring Disney Pixar's **ELEMENTAL**, on **June 1st**.  
First Saturdays in June, July and August

**SAVE THE DATES**

(psst... August has bonus BBQ and MORE!)



This year's movie series is designed to bring together community members interested in exploring & engaging in topics concerning diversity, race and inclusion. For those wanting to become involved, conversation questions will be provided for individuals to reflect upon, answer, and become part of a larger discussion

Come join us

**@ HISTORIC HUGUENOT STREET**  
for this FUN, family-oriented event!



Join the Margaret Wade-Lewis Center & local partners for a Juneteenth event celebrating healing & history.  
Enjoy Drumming, art activities & more!  
**CLICK the image to RSVP**



**NO TE PIERDAS  
EL DÍA DE LA COMUNIDAD  
EL 7 DE JUNIO**

**ALSO ON JUNE 1ST**

The Office for Community Wellness is PROUD to participate in



**NEW PALTZ PRIDE COALITION'S  
20TH ANNUAL HUDSON VALLEY  
PRIDE MARCH AND FESTIVAL**



**PARADE STEPS OFF AT 12:00  
NOON AT THE MIDDLE SCHOOL**

**FESTIVAL UNTIL 5:00 AT  
HASBROUCK PARK**

**Come visit the OCW's table at the park**

**SEE YOU THERE!!**



NONBINARY FLAG



PHILADELPHIA PRIDE FLAG



BISEXUAL FLAG



**PRIDE INSPIRED**  
spring window painting by a talented  
local resident- thank you, Ela!



GAY MEN'S PRIDE FLAG



PANSEXUAL FLAG



PHILADELPHIA PRIDE FLAG



TRANSGENDER FLAG



LESBIAN FLAG

